

## Resources Regarding Sexual Health/Violence

- **Centre for Safer Sex and Sexual Violence Support**
  - exist as a support network for survivors of sexual violence
  - also hosts the Sexual Assault Survivor Support Line (SASSL) and facilitates peer-to-peer drop-in support sessions on Mondays from 1 – 4 pm
  - provide free safer sex products such as condoms, lube and dental dams, as well as reimburse for Plan B, Midol and Tylenol or Advil
  - Also provide menstrual products
- **Consent Comes First Ryerson**
  - “Consent Comes First provides support to Ryerson community members affected by sexual violence. You can access support if the sexual violence happened on or off campus, or if you were subjected to sexual violence before you came to Ryerson.”
  - Have the ability to get support or give support
  - [Offer a self care newsletter](#)
  - Provide links to many resources, overall a huge support system
- **Human Rights Services**
  - Provide information about the options available to address human rights concerns such as consultation, conciliation and investigation.
  - Offer free and confidential complaint resolution services for human rights and sexual violence issues.
  - Conciliation through mediation is available when parties involved agree that an alternate resolution is possible and preferable to an investigation.
  - Investigation of complaints where appropriate, including a written report to the decision-maker.
  - Education is available through core and customized workshops, seminars and speakers to promote awareness of human rights issues, the law, and the rights and responsibilities of all members of the Ryerson community.
  - Support and referral are provided in situations involving sexual harassment, sexual assault and as requested.
  - <https://www.ryerson.ca/humanrights/>